



NATIONAL RIFLE ASSOCIATION

Civilian Service Rifle – Methuen Course of Fire

Sunday 4th July 2021

Stage 1 – Rapid

Distance 300 yards
Position Prone
No. of Shots 2 sighting shots & 10 to count
Target/Scoring 1 x Fig 12 scoring 5 & 4 HPS= 50
Timing 1 exposure of 60 seconds

1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers will be ordered to apply safety catches and stand up.
2. On appearance of the targets, firers will adopt the prone position, release safety catches and fire 10 rounds.

Stage 2 - Rundown

Distance 300, 200, 100 yards
Position 300 yards prone, 200 yards sitting, kneeling or squatting, 100 yards standing
No. of Shots 10 to count
Target/Scoring 1 x Fig 12 scoring 5 & 4 HPS = 50
Timing 1 exposure of 15 seconds at 300 yards, 2 exposures of 6 seconds at 200 yards, 2 exposures of 6 seconds at 100 yards

1. Firers will adopt the standing alert position at the 300 yard firing point, rifles loaded, made ready with safety catches applied.
2. On appearance of the targets, firers will adopt the prone position and fire 2 rounds. Firers will then be ordered to Make Safe.
3. The target will be exposed for 1 second as a signal to advance to the 200 yard firing point, adopt the sitting, kneeling or squatting position and make ready. 45 seconds later there will be two exposures of 6 seconds, 2 rounds to be fired per exposure. Firers will then be ordered to Make Safe and remain in position.
4. The target will be exposed for 1 second as a signal to advance to the 100 yard firing point, adopt the standing position and make ready. 45 seconds later there will be two exposures of 6 seconds, 2 rounds to be fired per exposure.
5. Firers may remain on aim between exposures.
6. **During all movement the rifle must be carried in the trail position (parallel to the ground and pointing towards the stop butt).**

Stage 3 – Standing

Distance 100 yards
Position Standing followed by kneeling or squatting
No. of shots 10 to count
Target/Scoring 1 x Fig 12c scoring 5 & 4 HPS = 50
Timing 5 double exposures of 3 seconds with 2 seconds between exposures

1. Firers will adopt the standing alert position, rifles loaded, made ready with safety catches applied.
2. The target will make 5 double exposures of 3 seconds up, 2 seconds down and 3 seconds up, at irregular intervals over a period of 2 minutes.
3. The first shot in each double exposure must be fired from the standing position, and the second from either the kneeling or squatting position.
4. Firers will return to the standing alert position after each double exposure.

Stage 4 - Sitting, Kneeling or Squatting

Distance 200 yards
Position Sitting, kneeling or squatting
No. of Shots 10 to count
Target/Scoring 1 x Fig 12 scoring 5 & 4 HPS = 50
Timing 2 exposures of 20 seconds with an interval of 8 seconds

1. Firers will adopt the standing alert position, rifles loaded, made ready with safety catches applied.
2. On appearance of the targets, firers will adopt the sitting, kneeling or squatting position and engage each exposure with no more than 5 rounds.

Stage 5 – Prone

Distance 300 yards
Position Prone
No. of Shots 10 to count
Target/Scoring 1 x Fig 12 scoring 5 & 4 HPS = 50
Timing 10 exposures of 3 seconds over a 2m frontage

1. Firers will adopt the prone position, rifles loaded, made ready with safety catches applied.
2. The target will make 10 exposures of 3 seconds at irregular intervals; firers are to engage each exposure with 1 round.

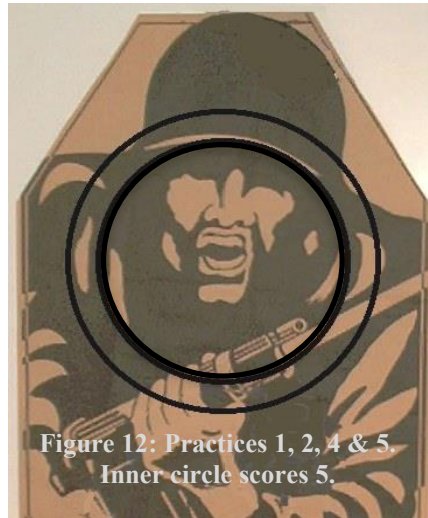
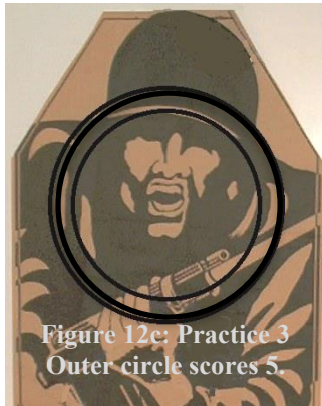
Scoring & Butts

The two types of targets are the standard MoD Figure 12/59 and Fig 12c patterns which are described below. For both classes there are only two scoring zones per target scoring 5 & 4. All hits will be scored 'inward gauging'. Hits outside of the borderline of the targets will not score.

Butts: When in the butts you will be required to let the Butts RCO know the total number of hits in each zone as he passes. For example, if you are manning target 72 and there are 2 hits inside the centre ring and 8 hits outside the centre ring your call to the Butts officer will be "Target 72, two eight" (i.e. two fives & eight fours).

Figure 12c: Hits within the 200mm (outer) ring score 5, the remainder score 4.

Figure 12: Hits within the 240mm (inner) ring score 5, the remainder score 4.



Programme

Registration is from 08:45 in the 300 yards car park. Team packs will be available, containing score cards and lane numbers.

Those who have not had their trigger weight checked during the preceding week report to the designated person in the car park.

- 08:45-09:00 Registration and collection of Help for Heroes donation / Teams set up
- 09:15 Team Captains Briefing / **First Butts crew report to Butts**
- 09:30-10:30 1st Pair Shoot Match**
- 10:30-10:50 Butt Change
- 11:00-12:00 2nd Pair Shoot Match**
- 12:00-13:20 Lunch / Butt Change
- 13:30-14:30 3rd Pair Shoot Match**
- 14:45-15:00 Finalize Results, Prize Giving.