

## **CSR Winter League Course of Fire – January**

### **Long Range Practices (08:30-12:30)**

#### **Stage 1: 500x Harassing Fire**

Distance: 500 yards  
Position: Prone  
No of shots: 2 sighting shots and 10 to count  
Targets: 1x Triple Fig 11 (sand/black PO & SO; white/black Iron & Hist)  
Scoring: 5 & 4 on the centre target (300mm ring), 2 on the outer targets  
Timing: 1 exposure of 60 seconds  
HPS: 50

#### **Procedure**

1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers will be ordered to apply safety catches and stand up
2. The targets will make one appearance of 60 seconds. On appearance of the target, firers are to adopt the prone position, release safety catches and open fire
3. Scores will be recorded and spotting discs shown for 30 seconds

#### **Stage 2: 400x Snaps**

Distance: 400 yards  
Position: Sitting or Kneeling  
No of shots: 10 to count  
Targets: 1x Triple Fig 11 (sand/black PO & SO; white/black Iron & Hist)  
Scoring: 5 & 4 on the centre target (300mm ring), 2 on the outer targets  
Timing: 1x 15 second exposure followed by 4x 6 second exposures  
HPS: 50

#### **Procedure**

1. Firers will adopt the standing alert position, rifles loaded with 10 rounds, made ready with safety catches applied. On appearance of the target, firers are to adopt the sitting or kneeling position, release safety catches and engage each exposure with 2 rounds
2. Scores will be recorded and spotting discs shown for 30 seconds

#### **Stage 3: 300x Rapid**

Distance: 300 yards  
Position: Prone  
No of shots: 10 to count  
Targets: Fig 12 (sand/black PO & SO; white/black Iron & Hist)  
Scoring: 5 (shots inside the 240mm/inner ring), 4 (rest of target)  
Timing: 1 exposure of 60 seconds  
HPS: 50

#### **Procedure**

1. Firers will adopt the standing alert position, rifles loaded, made ready with safety catches applied
2. The target will make one appearance of 60 seconds. On appearance of the target, firers are to adopt the prone position, release safety catches and open fire
3. Scores will be recorded and spotting discs shown for 30 seconds

#### **Stage 4: 300x Snap**

Distance: 300 yards  
Position: Prone  
No of shots: 10 to count  
Targets: Fig 12 (sand/black PO & SO; white/black Iron & Hist)  
Scoring: 5 (shots inside the 240mm/inner ring), 4 (rest of target)  
Timing: 10 exposures of 3 seconds on a frontage  
HPS: 50

#### **Procedure**

1. Firers are to be in the prone position with rifles loaded and made ready
2. The target will make ten exposures of 3 seconds over a 2m frontage at random intervals. One round to be fired per exposure
3. Scores will be recorded and spotting discs shown for 30 seconds

#### **Stage 5: 300x Deliberate**

Distance: 300 yards  
Position: Sitting, Kneeling or Squatting  
No of shots: 10 to count  
Targets: Fig 12 (sand/black PO & SO; white/black Iron & Hist)  
Scoring: 5 (shots inside the 240mm/inner ring), 4 (rest of target)  
Timing: 5 exposures of 6 seconds  
HPS: 50

#### **Procedure**

1. Firers are to be in the sitting, kneeling or squatting position with rifles loaded and made ready
2. The target will make five exposures of 6 seconds. Two rounds to be fired per exposure
3. Scores will be recorded and spotting discs shown for 30 seconds

Ties will be counted out in the order Stage 2, Stage 5, Stage 1, Stage 4, Stage 3

## **CSR Winter League Course of Fire – January**

### **Short Range Practices (13:30-16:00)**

#### **Stage 1: 200x Bisley Bullet**

Distance:	200 yards
Position:	Prone
No of shots:	10 to count
Targets:	1x Fig 14 window
Scoring:	5 (100mm inner ring), 4 (fig 14), 3 (rest of target)
Timing:	10 exposures of 3 seconds
HPS:	50

#### **Procedure**

1. Firers are to be in the prone position with rifles loaded
2. Targets will make ten appearances of three seconds over a 2m frontage
3. On appearance of the target, competitors are to fire one round per exposure

#### **Stage 2: 200x Rapid**

Distance:	200 yards
Position:	Sitting, Kneeling or Squatting
No of shots:	10 to count
Targets:	Fig 12 (sand/black PO & SO; white/black Iron & Hist)
Scoring:	5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	2 exposures of 20 seconds
HPS:	50

#### **Procedure**

1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied
2. The target will make two exposures of 20 seconds. On appearance of the target, firers will adopt the sitting, kneeling or squatting position, release safety catches and engage each exposure with 5 rounds

#### **Stage 3: 100x Snaps**

Distance:	100 yards
Position:	Standing, Kneeling or Squatting
No of shots:	10 to count
Targets:	1x Fig 14 window
Scoring:	5 (100mm inner ring), 4 (fig 14), 3 (rest of target)
Timing:	10 exposures of 3 seconds
HPS:	50

#### **Procedure**

1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied
2. The target will make ten exposures of 3 seconds at irregular intervals over 3 minutes. On each exposure firers are to adopt the standing, kneeling or squatting position and fire one round. Firers must return to the standing alert position in between each exposure

#### **Stage 4: 100x Deliberate**

Distance:	100 yards
Position:	Kneeling, Squatting or Standing
No of shots:	10 to count
Targets:	1x Fig 14 window
Scoring:	5 (100mm inner ring), 4 (fig 14), 3 (rest of target)
Timing:	5 exposures of 6 seconds
HPS:	50

#### **Procedure**

1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied. Targets will make five exposures of 6 seconds
2. On the first appearance of the targets, firers are to adopt the kneeling or squatting position and fire two rounds. Firers are to remain in the kneeling or squatting position
3. On the second appearance of the targets, firers are to adopt the standing position and fire two rounds. Firers are to remain in the standing alert position
4. On subsequent appearances of the targets, firers are to repeat this sequence until all ten rounds have been fired

Ties will be counted out in the order Stage 2, Stage 3, Stage 4, Stage 1