

**Assemble at the 300-yard car park on the RHS of Century Range BY LATEST 0800 FOR A MANDATORY RANGE
AND SAFETY BRIEF**

Short Range Practices

Stage 1 - The 300x Kinnaird

- Distance 300 yards
 - Position Prone
 - Rounds 2 sighting shots and 10 to count
 - Targets Fig 12
 - Timing 1 x 60 sec exposure
 - Scoring 5 (shots inside the 240mm/inner ring) & 4
 - Procedure
1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers will be ordered to apply safety catches and stand up.
 2. On appearance of the targets for 60 seconds, firers are to adopt the prone position, release safety catches and open fire with ten rounds.

Stage 2 - The 200x Bisley Bullet

- Distance 200 yards
 - Position Prone
 - Rounds 10 to count
 - Targets Fig 14 Window
 - Timing 10 x 3 sec exposures
 - Scoring 5, 4 & 3
 - Procedure
1. Firers are to be in the prone position with rifles loaded.
 2. Targets will make ten appearances of three seconds over a 2m frontage.
 3. On appearance of the target, competitors are to fire one round per exposure.

Stage 3 - The 200x Sitting

- Distance 200 yards
 - Position Sitting
 - Rounds 10 to count
 - Targets Fig 12
 - Timing 1 x 40 sec exposure
 - Scoring 5 & 4
 - Procedure
1. Firers are to be in the standing alert position with rifles loaded and made ready, safety catches applied.
 2. On appearance of the target for 40 seconds firers are to adopt the sitting position, release safety catches and fire 10 rounds.

Stage 4 - The 100x Standing

- Distance 100 yards
 - Position Standing followed by kneeling or squatting
 - Rounds 10 to count
 - Targets One Fig 14 Window
 - Timing 5 double exposures (see below)
 - Scoring 5, 4 & 3
 - Procedure
1. Firers are to be in the standing alert position with rifles loaded and made ready.
 2. The target will make five double exposures of '3 seconds up, 2 seconds down, 3 seconds up' at irregular intervals over a period of 2 minutes.
 3. The first shot at each double exposure is to be fired from the standing position and the second shot from either the kneeling or squatting position. Firers must return to the standing alert position after each double exposure.

Stage 5 - The 100x Sitting Snaps

- Distance 100 yards
 - Position Sitting
 - Rounds 10 to count
 - Targets One Fig 14 Window
 - Timing 5 x 4 sec exposures
 - Scoring 5, 4 & 3
 - Procedure
1. Firers are to be in the Sitting position with rifles loaded, made ready with safety catches applied.
 2. Targets will make five appearances of four seconds. Two rounds to be fired at each exposure.

Ties will be counted back in the order Stage 4, Stage 5, Stage 2, Stage 3, Stage 1

Long Range Rural Match (Amended)

Stage 1 - The 500x Harrassing Fire

- Distance 500 yards
 - Position Prone
 - Rounds 2 sighting shots and 10 to count
 - Targets Triple Fig 11
 - Scoring 5 on the central target for a hit inside the 300mm circle, 4 elsewhere on the centre target, and 2 for a hit anywhere on the outer targets
 - Procedure
1. Firers will have 2 minutes for their sighting shots. After spotting discs have been shown, firers will be ordered to apply safety catches, stand up and adopt the standing alert position.
 2. On appearance of the target for 60 seconds, firers are to adopt the prone position, release safety catches and open fire.

Stage 2 - The 500x – 300x Rundown

- Distance 500x, 400x & 300x
 - Position Prone, Sitting
 - Rounds 10 to count
 - Targets Triple Fig 11 at 500x & 400x. Fig 12 at 300x
 - Scoring 5 & 4 on the centre Fig 11 and Fig 12, 2 on the outer targets
 - Procedure
1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 2. On appearance of the targets for fifteen seconds, firers are to adopt the prone position, release safety catches and fire two rounds. Firers will then be ordered to Make Safe.
 3. The 1 second 'flash' of the targets will be the signal for firers to move to the 400x firing point, adopt the sitting position and make ready.
 4. 45 seconds after the flash, there will be two 6 second exposures of the Triple Fig 11 target. Firers are to fire two rounds per exposure. Firers will then be ordered to Make Safe.
 5. The 1 second 'flash' of the targets will be the signal for firers to move to the 300x firing point, adopt the prone position and make ready.
 6. 45 seconds after the flash, there will be two 6 second exposures of the Fig 12 target. Firers are to fire two rounds per exposure.

Stage 3 - The 300x Wantage

- Distance 300 yards
 - Position Prone
 - Rounds 10 to count
 - Targets One Fig 12
 - Scoring 5 & 4
 - Procedure
1. Firers are to be in the prone position with rifles loaded. Targets will make 10 three second exposures over a 2m frontage.
 2. On appearance of the targets, firers are to fire one round per exposure.

Ties will be counted back in the order Stage 2, Stage 3, Stage 1