# CSR Winter League Course of Fire – March

# Long Range Practices (08:30-12:30)

### Stage 1: 300x Kinnaird

Distance:	300 yards
Position:	Prone
No of shots:	2 sighting shots and 10 to count
Targets:	1x Fig 12 / Fig 12 B (B&W)
Scoring:	5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	1 exposure of 60 seconds
HPS:	50

#### **Procedure**

- 1. On completion of 2 sighting shots, firers will be ordered to stand up and adopt the standing alert position with rifles loaded, made ready and safety catches applied
- 2. On appearance of the targets for 60 seconds, firers are to adopt the prone position and engage the target with 10 rounds
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

#### Stage 2: 400x Sitting

Distance:	400 yards
Position:	Sitting
No of shots:	10 to count
Targets:	1x Triple Fig 11 (sand/black PO & SO; white/black Iron & Hist)
Scoring:	5 on the <b>outer</b> targets (inside the 300mm ring), 4 for a hit elsewhere on the outer target, 2 hits on the central Fig 11
Timing:	1 exposure of 60 seconds
HPS:	50

#### **Procedure**

- 1. Firers will be ordered to load, make ready and adopt the standing alert position with safety catches applied
- 2. On appearance of the targets for 60 seconds, firers will adopt the sitting position, release safety catches and open fire. No more than 5 hits will count on the left and right targets
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

### Stage 3: 500x Harassing Fire

Distance:	500 yards
Position:	Prone
No of shots:	10 to count
Targets:	1x Triple Fig 11 (sand/black PO & SO; white/black Iron & Hist)
Scoring:	5 on the <b>central</b> target (inside the 300mm ring), 4 for a hit elsewhere on the central target, 2
	hits on the outer targets
Timing:	1 exposure of 60 seconds
HPS:	50

### Procedure

- 1. Firers will be ordered to load, make ready and adopt the standing alert position with safety catches applied
- 2. On appearance of the targets for 60 seconds, firers will adopt the prone position, release safety catches and open fire
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

### Stage 4: 500-300x Rundown

Distance: Position:	500, 400 and 300 yards Prone, Sitting
No of shots:	10 to count
Targets:	500 and 400 yards: 1x Triple Fig 11 (sand/black PO & SO; white/black Iron & Hist) 300 yards: 1x Fig 12 / Fig 12 B (B&W)
Scoring:	<b>500 and 400 yards:</b> 5 on the central target (inside the 300mm ring), 4 for a hit elsewhere on the central target, 2 hits on the outer targets
	<b>300 yards:</b> 5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	500 yards: 1 exposure of 15 seconds
	400 yards: 2 exposures of 6 seconds
	300 yards: 2 exposures of 6 seconds
HPS:	50

# **Procedure**

- 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied
- 2. On appearance of the targets for fifteen seconds, firers are to adopt the prone position, release safety catches and fire two rounds. Firers will then be ordered to Make Safe
- 3. The 1 second flash of the targets will be the signal for firers to move to the 400x firing point, adopt the sitting position and make ready
- 4. 60 seconds after the flash, there will be two 6 second exposures of the Triple Fig 11 target. Firers are to fire two rounds per exposure. Firers will then be ordered to Make Safe
- 5. The 1 second flash of the targets will be the signal for firers to move to the 300x firing point, adopt the prone position and make ready
- 6. 60 seconds after the flash, there will be two 6 second exposures of the Fig 12 target. Firers are to fire two rounds per exposure
- 7. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

# Stage 5: 300x Sitting

Distance:	300 yards
Position:	Sitting
No of shots:	10 to count
Targets:	1x Fig 12 / Fig 12 B (B&W)
Scoring:	5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	5 exposures of 6 seconds
HPS:	50

### **Procedure**

- 1. Competitors will adopt the sitting position, rifles loaded with 10 rounds, made ready with safety catches applied
- 2. There will be 5 exposures of 6 seconds at irregular intervals; competitors are to engage each exposure with 2 rounds
- 3. Scores will be communicated to the firing point and spotting discs shown for 30 seconds

Ties will be counted out in the order Stage 4, Stage 2, Stage 5, Stage 3, Stage 1

# Short Range Practices (13:30-16:30)

#### Stage 1: 300x Rapid

Distance:	300 yards
Position:	Prone
No of shots:	10 to count (2 magazines of 5 rounds)
Targets:	1x Fig 12 / Fig 12 B (B&W)
Scoring:	5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	1 exposure of 60 seconds
HPS:	50

#### **Procedure**

- 1. Firers will start 25 yards behind the firing point in the trail position, rifles loaded with 5 rounds and safety catches applied
- 2. When targets are exposed firers are to advance to the firing point, adopt the prone position, make ready and open fire
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

### Stage 2: 200x Rapid Fire

Distance:	200 yards
Position:	Kneeling or Squatting, then Prone
No of shots:	10 to count (2 magazines of 5 rounds)
Targets:	1x Fig 12 / Fig 12 B (B&W)
Scoring:	5 (shots inside the 240mm/inner ring), 4 (rest of target)
Timing:	1 exposure of 60 seconds
HPS:	50

#### Procedure

- 1. Firers will start 25 yards behind the firing point in the trail position, rifles loaded with 5 rounds and safety catches applied
- 2. When targets are exposed firers are to advance to the firing point, adopt the kneeling or squatting position, make ready and engage the target with 5 rounds, then on an empty chamber move to the prone position, reload and engage the target with 5 rounds
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

#### Stage 3: 100x

Distance:	100 yards
Position:	Kneeling or Squatting, then Standing
No of shots:	10 to count (2 magazines of 5 rounds)
Targets:	1x Fig 12c / Fig 13 B (B&W Fig 12c)
Scoring:	5 (shots inside the 200mm/outer ring), 4 (rest of target)
Timing:	1 exposure of 60 seconds
HPS:	50

#### **Procedure**

- 1. Firers will start 25 yards behind the firing point in the trail position, rifles loaded with 5 rounds and safety catches applied
- 2. When targets are exposed firers are to advance to the firing point, adopt the kneeling or squatting position, make ready and engage the target with 5 rounds, reload and then engage the target with 5 rounds from the standing position
- 3. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

### Stage 4: 100x

Distance:	100 yards
Position:	Standing, Kneeling or Squatting
No of shots:	10 to count
Targets:	1x Fig 12c / Fig 13 B (B&W Fig 12c)
Scoring:	5 (shots inside the 200mm/outer ring), 4 (rest of target)
Timing:	3 exposures of 7 seconds
HPS:	50

### **Procedure**

- 1. Firers will be ordered to load with 10 rounds, make ready and adopt the standing alert position
- 2. On each exposure of the targets firers are to fire any number of rounds from the standing, kneeling or squatting position
- 3. There will be an irregular interval of between 5 and 10 seconds between exposures
- 4. Firers must return to the standing alert position in between each exposure
- 5. Scores will be communicated to the firing point and spotting discs shown for 25 seconds

Ties will be counted out in the order Stage 2, Stage 3, Stage 4, Stage 1.